

FRIDAY

	Time	Event	Venue	Artists
A	16:00-17:30	Workshop	Dance Tent	Intro to ceilidh dancing with Jenny Reid and Aisling and Nigel Holmes
A	16:30-18:00	Tuneworks Session	Beer Tent	Introductory session - for detailed info on ALL Tuneworks sessions & workshops please see Tuneworks pages

SATURDAY

	Time	Event	Venue	Artists
B	08:30-09:30	Workshop	Dance Tent	Morning yoga with Faith Page. Why not start your festival day with yoga? Some stretching and smooth moves to set you up for the day ahead. Bring a mat if you have one, don't worry if you haven't. All abilities welcome, including beginners.
B	08:30-09:45	Workshop	Songhouse (Berwick Bar)	Songwriting led by Dave Wilson
B	08:30-09:45	Workshop	The Studio	Harmony led by Kip Winter
B	08:30-09:45	Tuneworks Workshop	Berwick Bar	Bodhran led by Steve Bentley. If you've been asking us for a bodhran workshop now's your chance...this is the only bodhran workshop this weekend so don't miss the opportunity to learn tips from the master.
B	09:45-11:00	Workshop	Dance Tent	Cotswold with Great Western Morris
B	10:00-11:00	Tuneworks Workshop	Berwick Bar Songhouse	D/G Melodeon Advanced Masterclass led by Mel Biggs Lesson 1
B	10:00-12:00	Tuneworks Workshop	Beer Tent	D/G Melodeon led by George Garside Lesson 1 10:00-11:00 Lesson 2 11:00-12:00
B	10:00-12:00	Tuneworks Workshop	The Hub (upstairs)	Beginners Fiddle led by Kitty Greenwood Lesson 1 10:00-11:00 Lesson 2 11:00-12:00
B	10:00-12:00	Tuneworks Workshop	The Studio	Mandolin led by Diana Buckle Lesson 1 10:00-11:00 Lesson 2 11:00-12:00
B	10:00-12:00	Tuneworks Workshop	The Hub (downstairs)	Irish Fiddle improvers/advanced led by Karen Lacy-Roberts Lesson 1 10:00-11:00 Lesson 2 11:00-12:00
B	10:00-12:00	Tuneworks Workshop	Berwick Bar	Piano Accordion led by Ed Moseley Lesson 1 10:00-11:00 Lesson 2 11:00-12:00
B	11:15-12:30	Workshop	Berwick Bar Songhouse	Guitar and Ukulele maintenance workshop with Nigel Hackney. Learn how to get the best out of your instrument. All the basics will be covered, such as: inspecting an instrument; checking nut height; adjusting neck relief; measuring action and adjusting bridge; fingerboard & fret cleaning. Anyone can do these jobs if you know how, so come along and get the confidence to give your guitar or ukulele a thorough tune-up.
B	11:20-12:30	Workshop	The Purity Village Stage	Clog Step with Hadrian Clog
B	12:15-13:15	Workshop	The Hub (upstairs)	Connect to the present moment. This session, led by mindfulness teacher Anna Gillions, is open to beginners and experienced meditators alike. It will include guided meditations and the opportunity to reflect on experience. If you want to bring a cushion or blanket for comfort, feel free. Otherwise just bring yourself!
B	12:15-13:30	Workshop	The Studio	Sacred Sound Guru are Tom Stacey and Fabien Raymond and specialise in playing high-grade Symphonic Gongs, Crystal and Himalayan bowls. They offer a wide range of rare Tibetan instruments e.g. Tungchen and Gelings. Also offering sacred and shamanic instrumentals and sharing ancient mantra chants in profound sound journeys. They bring wellbeing to the body, mind and spirit through powerful sound medicine and creating holistic resonance for healing and inspiration. They offer restorative Gong Bath and sound meditations and perform 'symphony of sacred sound' events across the UK in churches, yoga studios, and wellness centres. They also provide regular support for a Kenyan orphanage. www.sacredsoundguru
B	12:40-13:50	Workshop	Berwick Bar Songhouse	Introduction to the Mountain Dulcimer - Join the Nonsuch Dulcimer Club in exploring the Appalachian mountain dulcimer. Get the feel of the instrument and play some straightforward tunes using single string and simple chord techniques. Suitable for both complete beginners and those with some experience of other Instruments. Dulcimers will be provided (we have 30 instruments for folks to use) but do please bring your own instrument if you have one. Workshop 1
B	13:45-15:45	Tuneworks Workshop	The Studio	Flute and whistle for beginners led by Amy Hardy Lesson 1 13:45-14:45 Lesson 2 14:45-15:45
B	14:15-15:30	Workshop	Dance Tent	French dance workshop with Helena Reynolds. Learn or brush up on some balfolk basics, plus explore the playful rhythms of the Rondeau en Couple. Suitable for beginners and more experienced dancers. No partner necessary. Slippery shoes recommended.
B	14:15-16:15	Tuneworks Workshop	The Hub (upstairs)	Flute & Whistle improvers led by Mark Priestley Lesson 1 14:15-15:15 Lesson 2 15:15-16:15
B	14:30-15:30	Tuneworks Workshop	The Hub (downstairs)	Playing for Ceilidhs led by This Way Up Lesson 1
B	15:35-16:50	Shanty Workshop	The Hub (downstairs)	Sing like a Shantyman Led by The Exmouth Shanty Men
B	16:00-17:15	Workshop	The Studio	The Shropshire Ukulele Massive will lead Ukulele workshops for everyone who ever wanted to make music but thought it was just too difficult. Simple chords and songs worked into easy arrangements culminating in a 15-minute performance on the Village Stage on Monday from 12.40.

B	16:30-18:00	Tuneworks Improvers Session	Berwick Bar	Improvers session
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SUNDAY

	Time	Event	Venue	Artists
C	08:30-09:30	Workshop	Dance Tent	Morning yoga with Faith Page. Why not start your festival day with yoga? Some stretching and smooth moves to set you up for the day ahead. Bring a mat if you have one, don't worry if you haven't. All abilities welcome, including beginners.
C	08:30-09:45	Workshop	The Hub (upstairs)	Start your day by connecting to the present moment. This session, led by mindfulness teacher Anna Gillions, is open to beginners and experienced meditators alike. It will include guided meditations and the opportunity to reflect on experience. If you want to bring a cushion or blanket for comfort, feel free. Otherwise just bring yourself!
C	09:30-10:45	Workshop	The Purity Village Stage	Border Morris workshop with Ironmen and Severn Gilders
C	09:45-11:00	Workshop	Dance Tent	Scottish dance workshop with Corryvrecken
C	10:00-11:00	Tuneworks Workshop	Berwick Bar Songhouse	DADGAD guitar masterclass Led by Izzy McLachlan
C	10:00-12:00	Tuneworks Workshop	The Hub (downstairs)	Irish fiddle improvers/advanced led by Karen Lacy-Roberts Lesson 3 10:00-11:00 Lesson 4 11:00-12:00
C	10:00-12:00	Tuneworks Workshop	The Hub (upstairs)	Beginners Fiddle led by Kitty Greenwood Lesson 3 10:00-11:00 Lesson 4 11:00-12:00
C	10:00-12:00	Tuneworks Workshop	Berwick Bar	Piano Accordion led by Ed Moseley Lesson 3 10:00-11:00 Lesson 4 11:00-12:00
C	10:00-12:00	Tuneworks Workshop	The Studio	Mandolin led by Diana Buckle Lesson 3 10:00-11:00 Lesson 4 11:00-12:00
C	10:00-12:00	Tuneworks Workshop	Beer Tent	D/G Melodeon led by George Garside Lesson 3 10:00-11:00 Lesson 4 11:00-12:00
C	11:15-12:15	Tuneworks Workshop	Berwick Bar Songhouse	D/G Melodeon advanced masterclass led by Mel Biggs Lesson 2
C	12:15-13:15	Tuneworks Workshop	Berwick Bar	Welsh tune taster session led by Charlotte Goodwin Session 2
C	12:15-13:30	Workshop	The Studio	Sacred Sound Guru are Tom Stacey and Fabien Raymondaud and specialise in playing high-grade Symphonic Gongs, Crystal and Himalayan bowls. They offer a wide range of rare Tibetan instruments e.g. Tungchen and Gelings. Also offering sacred and shamanic instrumentals and sharing ancient mantra chants in profound sound journeys. They bring wellbeing to the body, mind and spirit through powerful sound medicine and creating holistic resonance for healing and inspiration. They offer restorative Gong Bath and sound meditations and perform 'symphony of sacred sound' events across the UK in churches, yoga studios, and wellness centres. They also provide regular support for a Kenyan orphanage. www.sacredsoundguru
C	12:15-13:30	Workshop	The Hub (upstairs)	Awards winning songwriter Martyn Joseph will talk about the ideology behind his songwriting and give some insight into what inspires him. He will explain why he believes passionately that there is a writer inside us all and will help you discover the artist within.
C	12:30-13:45	Workshop	Berwick Bar Songhouse	The Mountain Dulcimer - learning tunes. A follow on from session 1 for beginners or join us if you have some experience of other instruments. We will focus on learning simple Appalachian tunes in anticipation of Monday's jam session. Once again, dulcimers will be provided, but do please bring your own if you have one. Workshop 2.
C	13:30-14:30	Tuneworks Workshop	Berwick Bar	Playing for Ceilidhs led by This Way Up Lesson 2
C	13:45-14:45	Tuneworks Workshop	The Studio	Flute & Whistle led by Amy Hardy Lesson 3
C	14:15-16:15	Tuneworks Workshop	The Hub (upstairs)	Flute & Whistle improvers led by Mark Priestley Lesson 3 14:15-15:15 Lesson 4 15:15-16:15
C	14:15-15:30	Workshop	Dance Tent	French dance workshop with Helena Reynolds. Learn or brush up on some ballfolk basics, plus explore the haunting beauty of the Gavotte de l'Aven. Suitable for beginners and more experienced dancers. No partner necessary. Slippery shoes recommended.
C	14:45-16:15	Tuneworks Beginners Session	Berwick Bar	Beginners session
C	14:50-15:55	Workshop	The Studio	Bones with Louisa Davies-Foley Have a go at learning the world's oldest percussion instrument. This beginners' workshop will cover how to hold the bones, playing single beats and basic ornamentation. Bones provided, but please bring your own if you have them.
C	16:00-17:15	Workshop	The Studio	The Shropshire Ukulele Massive will lead Ukulele workshops for everyone who ever wanted to make music but thought it was just too difficult. Simple chords and songs worked into easy arrangements culminating in a performance on the Village Stage on Monday from 12.40.

C	16:15-17:15	Workshop	Songhouse Berwick Bar	Rapsquillion Harmony Workshop We on Planet Rapsquillion believe that making music, and singing in particular, provides a direct route to those bits of us that are usually subdued, muted and discouraged by the day-to-day hurly-burly. Remembering how to get in touch with these things is, in our view, a very healthy way of spending a bit of time. We aim to get everyone singing as much as possible as quickly as possible: more music and less natter is our aim. We do our best to 'teach' using all our expertly honed skills, (including waving our arms, remembering our parts, and enthusiasm!). We guarantee that we can have groups singing in harmony, making a fairly acceptable noise and having a load of fun within about twenty minutes, so, if you've ever fancied singing along with a few other people, a Rapsquillion workshop is for you. https://rapsquillion.co.uk/workshops
C	17:30-19:45	Tuneworks Workshop	The Studio	Playing for Ceilidhs led by This Way Up 17:30-18:30 Lesson 3 18:45-19:45 family ceilidh – all welcome

MONDAY

	Time	Event	Venue	Artists
D	08:30-09:30	Workshop	Dance Tent	Morning yoga with Faith Page. Why not start your festival day with yoga? Some stretching and smooth moves to set you up for the day ahead. Bring a mat if you have one, don't worry if you haven't. All abilities welcome, including beginners.
D	08:30-09:45	Workshop	The Hub (downstairs)	Sound Healing – we are surrounded by sound, and it impacts us hugely. In this short workshop, Anna Gillions will guide simple chants, free sound and singing bowls to create healing sound. Come ready to use your voice if you want to, and to soak up the vibrations!
D	09:45-11:00	Workshop	Dance Tent	Northgate Rapper workshop
D	10:00-11:00	Tuneworks Workshop	The Hub (downstairs)	Irish Fiddle masterclass led by Karen Lacy-Roberts Lesson 5
D	10:00-11:00	Tuneworks Workshop	The Hub (upstairs)	Fiddle beginners led by Kitty Greenwood Lesson 5
D	10:00-11:00	Tuneworks Workshop	Berwick Bar Songhouse	Flute & Whistle masterclass led by Jem Hammond Lesson 5
D	10:00-11:00	Tuneworks Workshop	Berwick Bar	Piano Accordion masterclass led by Ed Moseley Lesson 5
D	10:00-11:00	Tuneworks Workshop	The Studio	Mandolin masterclass led by Diana Buckle Lesson 5
D	10:00-11:00	Tuneworks Workshop	Beer Tent	D/G Melodeon masterclass led by George Garside Lesson 5
D	11:00-12:30	Tuneworks Full Speed	The Hub (upstairs)	A chance for everyone to have a blast before the end of the festival – playing tunes from the improvers session book, tends to be about 'ceilidh speed'. A great chance to get some tunes in on the last day!
D	11:10-12:25	Workshop	Berwick Bar Songhouse	Sacred Sound Guru are Tom Stacey and Fabien Raymond and specialise in playing high-grade Symphonic Gongs, Crystal and Himalayan bowls. They offer a wide range of rare Tibetan instruments e.g. Tungchen and Gelings. Also offering sacred and shamanic instrumentals and sharing ancient mantra chants in profound sound journeys. They bring wellbeing to the body, mind and spirit through powerful sound medicine and creating holistic resonance for healing and inspiration. They offer restorative Gong Bath and sound meditations and perform 'symphony of sacred sound' events across the UK in churches, yoga studios, and wellness centres. They also provide regular support for a Kenyan orphanage. www.sacredsound.guru
D	11:15-12:15	Workshop	The Studio	Shropshire Ukulele Massive will lead ukulele workshops for everyone who ever wanted to make music but thought it was too difficult. Simple cords and songs worked into easy arrangements culminating in a performance on the Village Stage from 12.40
D	12:40-13:55	Workshop	Berwick Bar Songhouse	Mountain Dulcimer Slow Jam - session playing from scratch. An opportunity to practise the dulcimer skills learnt in W1 & W2 and play with others (banjos, mandolins, fiddles, guitars, dancers etc welcome to join in!); some tips on how to join in with new tunes in a jam/session. Once again, dulcimers will be provided, but do please bring your own if you have one. Workshop 3.
D	13:30-15:00	Tuneworks Welsh Session	Beer Tent	Welsh tune taster Session 2 led by Charlotte Goodwin
D	13:45-14:45	Tuneworks Workshop	The Studio	Flute and Whistle beginners lesson 4 led by Amy Hardy